





Thanks for signing up for the Activia Challenge! We can't wait for you to experience the Activia difference firsthand. To help track your progress, use the calendar and key below. Be sure to try all of the delicious Activia flavors and record your favorites daily!


 **ACTIVIA CHALLENGE** 2 week calendar

day 1	day 2	day 3	day 4	day 5	day 6	day 7
day 8	day 9	day 10	day 11	day 12	day 13	day 14

 = Feeling sluggish

 = Feeling slightly sluggish

 = Feeling good

 = Feeling great